RSS Training Tool

The Rickets Severity Score (RSS) Training Tool is intended to familiarize you with the RSS, support you in assessing patients, and help facilitate conversations about X-linked hypophosphatemia (XLH) and the RSS. This tool is responsive and can be viewed on whatever device is convenient for you.

What's covered in the tool?

SECTION 1:

LEARN ABOUT RSS

Learn about RSS and how to use the scoring guide.



SECTION 3:

ASSESS PATIENT CASES

Bring all your knowledge together to test your understanding of RSS with patient cases.

SECTION 4:

RSS CALCULATOR

The RSS Training Tool is also equipped with an RSS calculator, for you to use beyond training.

To explore the tool, visit www.rsstrainingtool.com

This tool was independently developed by a third party and posted for educational and training purposes and outlines the method outlined in all references on www.rsstrainingtool.com. Please see the full list of references under the references and glossary section. The company takes no responsibility for the tool or its use.

RSS Scoring Guide

RADIUS



0 Normal growth plate without changes of rickets



0.5 Lucency of metaphyseal margin without fraying or irregularity



Widened growth plate, irregularity of metaphyseal margin, but without concave cupping



1.5 Partial metaphyseal concavity or incomplete fraying of metaphyseal margin



Metaphyseal concavity with fraying margin

ULNA



Normal growth plate without changes of rickets



Lucency of metaphyseal margin without fraying or irregularity



Widened growth plate, irregularity of metaphyseal margin, but without concave cupping



Partial metaphyseal concavity or incomplete fraying of metaphyseal margin



Metaphyseal concavity with fraying margin

FEMUR



Normal growth plate without changes of rickets



Partial lucency, smooth margin of metaphysis visible



Partial lucency, smooth margin of the



Complete lucency, epiphysis appears metaphysis NOT visible concave cupping widely separated from distal metaphysis

TIBIA



Normal growth plate without changes



Partial lucency, smooth margin of metaphysis visible



Partial lucency, smooth margin of the metaphysis NOT visible concave cupping widely separated from distal metaphysis



Complete lucency, epiphysis appears

To learn more, visit www.rsstrainingtool.com

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